

VIRTUAL PREPARATORY ACADEMY OF OKLAHOMA, INC.
Social Emotional Learning Policy

Social Emotional Learning (SEL)

Supporting the whole student is essential in increasing students' academic success, their college/career readiness, and ensuring they have the social and emotional skills necessary to thrive. By supporting the whole student through a comprehensive program, students will see positive outcomes in terms of academics, behaviors, and post-secondary success.

The Student Services team creates a learning environment which supports the following core competencies for SEL:

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision-Making

Pathways to Success Curriculum:

The curriculum has curated lessons based on the goals and objectives of SEL, including the CASEL competencies.

- Brain Pop (Kindergarten through Eighth Grade)
- NewsELA (Kindergarten through Eighth Grade)
- Raz-Plus (Kindergarten through Third Grade)
- CK-12 (Sixth Grade through Eighth Grade)

SEL curriculum is delivered weekly during homeroom time based on monthly topics. However, SEL is more than just a weekly 30-minute lesson. It is a systematic approach that infuses the core competencies into every part of the student's online school experience, across all classes, as well as when they are at home and in their community.

Topics include, but are not limited to:

- Planning for a Successful School Year
- How to Make Friends
- Stress Management
- Healthy Coping Skills
- Bullying
- Healthy Friendships
- Self-Care & Confidence
- Internet Safety

Professional Development

Professional development assists staff in implementing the programs in an effort to make a positive impact on student emotional well-being and academic achievement. Training allows staff to make a positive impact on students' emotional well-being and academic achievement. Because of the positive school climate and SEL is a schoolwide focus, all staff receive professional development. Training is provided on the Positive Behavioral Intervention System, Trauma Informed strategies, and classroom-based activities typically used in morning meetings.